

## Purchasing disclaimer.

### *Explanation:*

Obstructive sleep apnoea and snoring are both breathing disorders occurring during sleep due to narrowing or total closure of the airway.

Snoring may often be more problematic than the noise itself. However, consistent loud, heavy snoring has been linked to medical disorders such as hypertension (high blood pressure), headaches and daytime sleepiness.

Obstructive sleep apnoea is a serious condition where the airway totally closes many times during the night and can therefore significantly reduce blood oxygen levels in the body, as well as disrupt sleep patterns. In varying degrees, this can result in excessive daytime sleepiness, irregular heartbeat, hypertension and occasionally heart attack and stroke.

ZetaMed's range of dental devices are non-invasive. Similar devices such as the MDSA have been clinically and scientifically proven to reduce snoring and mild to moderate sleep apnoea in a high proportion of patients, however, there is never a guarantee that the approach used in ZetaMed's devices will be 100% successful for every individual.

In choosing ZetaMed to treat snoring or mild to moderate sleep apnoea, you are aware that it may not be completely effective. It is your responsibility as the practitioner/purchaser to disclose all instructions, both verbal or written, and to monitor the patient for any side effects or complications.

### *Possible Complications:*

As per the MDSA clinical data, it is not uncommon for patients to experience transient side effects such as excessive salivation, sore jaw joints, sore teeth and a slight change in the "bite" when using this form of treatment. It has also been reported that on rare occasions, a permanent "bite" change may occur if devices of this nature are using for extended periods of time. It is your responsibility as the practitioner/purchaser to monitor the patient and their treatment for any side effects or complications related to this treatment approach.

### *Treatment:*

ZetaMed's range of devices are strictly a mechanical device designed to advance the jaw and maintain an open airway during sleep. It does not cure snoring or sleep apnoea and overtime, with the relaxation of the jaw muscles, snoring and sleep apnoea may resume. In this case and in addition to a reassessment of treatment, further advancement of the splint may be needed.

### *Patient consent:*

I have read and understand the conditions and information in this consent form. By accepting this form, I take full responsibility for the subsequence use of the ZetaMed devices(s) I am purchasing, as well as patient treatment, ongoing management and any complications arising from the use of these purchased ZetaMed device(s).

Practitioner/Purchaser name:.....

Date:.....